

2022 Potomac District Swimming Championship - 1/29/2022

Psych Sheet

Event 1 Boys 200 Yard Medley Relay

	Team	Relay	Seed Time
1	Indy-VA	A	1:37.12
2	Riverside Rams-VA	A	1:41.66
3	BWHS-PV	A	1:43.84
4	Stone Bridge	A	1:48.15
5	PFHS	A	1:48.16
6	Woodgrove-VA	A	1:48.64

Event 2 Girls 200 Yard Medley Relay

	Team	Relay	Seed Time
1	Indy-VA	A	1:50.59
2	BWHS-PV	A	1:53.55
3	Riverside Rams-VA	A	1:53.72
4	PFHS	A	1:55.09
5	Stone Bridge	A	2:01.40
6	Woodgrove-VA	A	2:01.87

Event 3 Boys 200 Yard Freestyle

	Name	Yr	School	Seed Time
1	Quan, Jacob M	JR	Riverside Rams-VA	1:43.97
2	Devost, John	JR	Indy-VA	1:50.71
3	Byer, Dylan I	SR	Riverside Rams-VA	1:55.91
4	McCarney, Ethan	SO	PFHS	1:56.59
5	Lu, Max	JR	Riverside Rams-VA	1:56.83
6	Jordan, Patrick J	SO	BWHS-PV	1:56.92
7	Nolton, David	SO	Indy-VA	1:58.19
8	Randall, Andrew R	JR	BWHS-PV	1:59.07
9	Rounds, Ryan M	JR	BWHS-PV	2:01.01
10	Linares, Owen	SO	Indy-VA	2:04.78
11	Floch, Togen	SR	PFHS	2:06.32
12	Davies, Hayden	FR	Woodgrove-VA	2:06.57
13	Falgiano, Colin T	SR	Stone Bridge	2:16.57
14	Moseman, Matthew	FR	Woodgrove-VA	2:38.59
15	Russell, Brice A	FR	Stone Bridge	2:38.83
16	Wadsworth, John C	FR	Stone Bridge	2:43.11
17	Dedekind, Noah	JR	Woodgrove-VA	NT
18	Aslam, Camren	SR	PFHS	NT

Event 4 Girls 200 Yard Freestyle

	Name	Yr	School	Seed Time
1	Zerkle, Alden	JR	Indy-VA	1:54.93
2	Santucci, Elle M	FR	Riverside Rams-VA	2:03.20
3	Perezous, Micaela	FR	PFHS	2:04.57
4	Elias, Isabel L	JR	Riverside Rams-VA	2:07.66
5	Lyons, McKenna	FR	PFHS	2:09.67
6	Riegel, Allie P	SR	BWHS-PV	2:10.58
7	Smith, Kailey	JR	Indy-VA	2:10.79
8	Fassacesia, Giada L	FR	Riverside Rams-VA	2:12.00
9	Winklosky, Nicole D	SR	BWHS-PV	2:12.03
10	Kerr, Olivia	SO	Indy-VA	2:12.36
11	Riggio, Skyler M	SO	BWHS-PV	2:13.51
12	Batjargal, Naska	JR	Stone Bridge	2:15.37
13	McCarty, Helen	JR	PFHS	2:17.88
14	LeCount, Liv J	SR	Stone Bridge	2:21.69
15	Losinski, Kylie	SO	Woodgrove-VA	2:25.18
16	Logue, Grace A	JR	Stone Bridge	2:28.33
17	Smith, Catherine	FR	Woodgrove-VA	2:46.56

18 Grande, Taylor SO Woodgrove-VA NT

Event 5 Boys 200 Yard IM

	Name	Yr	School	Seed Time
1	DeLuise, Bailey	SR	Indy-VA	1:55.28
2	Tragle, H T I	SO	Riverside Rams-VA	1:58.57
3	Moore, Paul V	SR	BWHS-PV	2:11.56
4	Freeman, Harper P	FR	Riverside Rams-VA	2:13.57
5	Scott, James A	SO	BWHS-PV	2:15.34
6	Seo, Aiden	FR	Indy-VA	2:15.84
7	Bryant, Thomas	FR	Riverside Rams-VA	2:17.82
8	Hutchison, Mejd R	FR	Stone Bridge	2:18.01
9	Ruiz, Adriano	SO	PFHS	2:20.48
10	Baker, Chase	SO	Woodgrove-VA	2:20.50
11	Jastrzembski, Ryan	SO	Indy-VA	2:20.92
12	Saravanan, Surya	FR	BWHS-PV	2:21.15
13	Pilaro, Jack	JR	PFHS	2:21.88
14	Gill, Ethan M	JR	Stone Bridge	2:26.67
15	Russell, Riley J	SR	Stone Bridge	2:33.06
16	McCormack, Owen	SR	Woodgrove-VA	NT
17	Gordillo, Giovanni	SO	PFHS	NT

Event 6 Girls 200 Yard IM

	Name	Yr	School	Seed Time
1	Sessions, Kylee N	JR	Riverside Rams-VA	2:08.82
2	Boyle, Kylie	JR	Indy-VA	2:11.63
3	Grishaeva, Maria A	SO	BWHS-PV	2:18.07
4	Rosales, Paige E	JR	BWHS-PV	2:25.12
5	Rao, Sahana	FR	Riverside Rams-VA	2:26.66
6	Moore, Melodie	JR	BWHS-PV	2:28.06
7	McMahan, Claire	FR	PFHS	2:29.24
8	Chen, Sara	FR	Indy-VA	2:30.79
9	Heisler, Alexandra	FR	Indy-VA	2:32.41
10	Bryant, Sadie C	JR	Riverside Rams-VA	2:32.72
11	Stalcup, Maria C	JR	Stone Bridge	2:33.64
12	Jackson, Gwyn	FR	PFHS	2:35.46
13	Ill, McKenna	JR	Woodgrove-VA	2:37.71
14	Logue, Grace A	JR	Stone Bridge	2:45.40
15	Mendoza-Lozano, Michelle I	SO	Stone Bridge	NT
16	Honcharik, Katrina	JR	Woodgrove-VA	NT
17	Speilman, Madison L	SO	PFHS	NT

Event 7 Boys 50 Yard Freestyle

	Name	Yr	School	Seed Time
1	Kim, Eric C	SR	Stone Bridge	22.03
2	Menz, Mason	FR	Indy-VA	22.15
3	Szilagy, Christian T	SR	Riverside Rams-VA	22.31
4	Cather, Owen M	FR	BWHS-PV	23.25
5	Iglesias, Matthew	JR	Riverside Rams-VA	23.28
6	Marlovits, Ryan	SR	Indy-VA	23.59
7	Kim, Ethan	SO	Indy-VA	23.77
8	Char, Benjamin	SR	BWHS-PV	23.78
9	Pappalardo, Daniel	SR	PFHS	23.96
10	Anderson, Jake	FR	PFHS	24.13
11	Habersaat, Colin R	SR	Riverside Rams-VA	24.15
12	Horriggan, Musashi M	SO	Stone Bridge	24.44
13	Mercker, Henry	JR	Woodgrove-VA	24.50
14	Heiskanen, Adam	SO	BWHS-PV	24.51

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Event 7 ... (Boys 50 Yard Freestyle)

Name	Yr	School	Seed Time
15 Russell, Riley J	SR	Stone Bridge	24.94
16 Moyer, Peyton	JR	PFHS	25.67
17 MacDuffie, Trevor	SO	Woodgrove-VA	26.21
18 Hays, John	FR	Woodgrove-VA	26.59

Event 8 Girls 50 Yard Freestyle

Name	Yr	School	Seed Time
1 Wall, Tatum	SR	Indy-VA	22.68
2 Cunnane, Mackenzie I	SR	BWHS-PV	25.15
3 Antognoli, Soliel	FR	PFHS	25.57
4 Clodfelter, Charlotte R	SO	Stone Bridge	25.97
5 Cisneros, Gigi	FR	Riverside Rams-VA	26.41
6 Wall, Quinn	SO	Indy-VA	26.47
7 Speilman, Mackenzie	FR	PFHS	26.51
8 Silverstein, Leah	SO	Woodgrove-VA	26.72
9 Stone, Sidney O	JR	BWHS-PV	26.73
10 Sun, Callia	FR	Riverside Rams-VA	27.13
11 Rand, Grace	SR	Woodgrove-VA	27.18
12 Nguyen, MaryAnna	SR	PFHS	27.22
13 Peiken, Hailey	SR	Indy-VA	27.53
14 Martin, Abigail V	JR	Riverside Rams-VA	27.59
15 LeCount, Liv J	SR	Stone Bridge	27.69
16 Jackman, Riley C	JR	Stone Bridge	28.25
17 Losinski, Kylie	SO	Woodgrove-VA	28.31
18 Heath, Samantha A	SO	BWHS-PV	28.70

Event 11 Boys 100 Yard Butterfly

Name	Yr	School	Seed Time
1 Asar, Asim	SR	Indy-VA	49.92
2 Hain, Alex	SR	Woodgrove-VA	53.80
3 Weston, Wade	JR	Indy-VA	55.72
4 Koester, Griffin	SO	Woodgrove-VA	57.60
5 Hendershot, Carter	SO	PFHS	58.46
6 Ferguson, Zach O	SR	Riverside Rams-VA	58.69
7 Horrigan, Musashi M	SO	Stone Bridge	58.69
8 Medde-Witage, TD D	SO	BWHS-PV	58.77
9 Freeman, Harper P	FR	Riverside Rams-VA	1:01.07
10 Smith, Owen	FR	Indy-VA	1:01.59
11 Lehman, Harrison	JR	PFHS	1:01.84
12 Yi, Isaac S	SO	BWHS-PV	1:03.13
13 Kresin, Nikita	FR	Riverside Rams-VA	1:03.26
14 Floch, Togen	SR	PFHS	1:03.50
15 Heiskanen, Adam	SO	BWHS-PV	1:05.95
16 Phillips, Sheldon M	JR	Stone Bridge	1:07.07
17 Mitran, Christopher J	FR	Stone Bridge	1:07.97
18 Dedekind, Noah	JR	Woodgrove-VA	1:20.31

Event 12 Girls 100 Yard Butterfly

Name	Yr	School	Seed Time
1 Zerkle, Alden	JR	Indy-VA	57.35
2 Gupton, Mackenzie L	JR	BWHS-PV	59.77
3 Rebich, Lizzie M	SO	Riverside Rams-VA	1:01.49
4 Speilman, Mackenzie	FR	PFHS	1:02.19
5 Menz, Maddie	FR	Indy-VA	1:02.94
6 Klotz, Anna C	FR	Stone Bridge	1:03.40
7 Voss, Madigan	SR	Woodgrove-VA	1:06.01

8 Sullivan, Gabriella V	JR	Riverside Rams-VA	1:06.37
9 Collier, Magdealena	JR	Indy-VA	1:06.53
10 Stone, Sidney O	JR	BWHS-PV	1:07.20
11 Rao, Sahana	FR	Riverside Rams-VA	1:08.03
12 Smit, Rylie K	SR	BWHS-PV	1:09.58
13 Hain, Alyssa	FR	Woodgrove-VA	1:09.71
14 McMahan, Angelina	FR	PFHS	1:12.88
15 Cich, Makenna E	FR	Stone Bridge	1:17.58
16 Alvis, Rachel R	SO	Stone Bridge	1:20.39
17 Campbell, Ellie	JR	PFHS	1:21.21
18 Weimer, Haley	JR	Woodgrove-VA	1:36.28

Event 13 Boys 100 Yard Freestyle

Name	Yr	School	Seed Time
1 Menz, Mason	FR	Indy-VA	48.22
2 Tragle, H T I	SO	Riverside Rams-VA	48.38
3 Kim, Eric C	SR	Stone Bridge	48.44
4 Char, Andrew T	SO	BWHS-PV	48.69
5 Szilagyi, Christian T	SR	Riverside Rams-VA	48.78
6 Anderson, Jimmy W	SR	PFHS	50.63
7 Collier, Andrew	JR	Indy-VA	51.67
8 Bruley, Nathan A	SO	Stone Bridge	52.13
9 Lu, Max	JR	Riverside Rams-VA	52.68
10 Moore, Paul V	SR	BWHS-PV	53.27
11 Kim, Ethan	SO	Indy-VA	53.46
12 Pappalardo, Daniel	SR	PFHS	54.89
13 Saravanan, Surya	FR	BWHS-PV	56.28
14 Welsh, Jonah	JR	Woodgrove-VA	58.72
15 MacDuffie, Trevor	SO	Woodgrove-VA	1:00.19
16 Moyer, Peyton	JR	PFHS	1:00.47
17 Falgiano, Colin T	SR	Stone Bridge	1:01.44
18 Moseman, Matthew	FR	Woodgrove-VA	1:08.38

Event 14 Girls 100 Yard Freestyle

Name	Yr	School	Seed Time
1 Wall, Tatum	SR	Indy-VA	49.67
2 Perezous, Micaela	FR	PFHS	55.63
3 Cunnane, Mackenzie I	SR	BWHS-PV	57.56
4 Antognoli, Soliel	FR	PFHS	57.68
5 Clodfelter, Charlotte R	SO	Stone Bridge	58.67
6 Silverstein, Leah	SO	Woodgrove-VA	58.68
7 Winklosky, Nicole D	SR	BWHS-PV	58.79
8 Davenhall, Sydney E	JR	BWHS-PV	59.56
9 Wall, Quinn	SO	Indy-VA	59.64
10 Vargas, Maddie A	SR	Riverside Rams-VA	1:00.00
11 Kerr, Olivia	SO	Indy-VA	1:00.56
12 Cisneros, Gigi	FR	Riverside Rams-VA	1:00.71
13 Nguyen, MaryAnna	SR	PFHS	1:00.76
14 Batjargal, Naska	JR	Stone Bridge	1:00.88
15 Martin, Abigail V	JR	Riverside Rams-VA	1:01.09
16 Jackman, Riley C	JR	Stone Bridge	1:01.77
17 Rand, Grace	SR	Woodgrove-VA	1:02.26
18 Meedel, Ella	FR	Woodgrove-VA	1:02.64

Event 15 Boys 500 Yard Freestyle

Name	Yr	School	Seed Time
1 Devost, John	JR	Indy-VA	4:44.09
2 Quan, Jacob M	JR	Riverside Rams-VA	4:46.15

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Event 15 ... (Boys 500 Yard Freestyle)

Name	Yr	School	Seed Time
3 Jordan, Patrick J	SO	BWHS-PV	5:17.31
4 Scott, James A	SO	BWHS-PV	5:18.76
5 Nolton, David	SO	Indy-VA	5:25.90
6 Byer, Dylan I	SR	Riverside Rams-VA	5:29.59
7 Linares, Owen	SO	Indy-VA	5:34.92
8 Johnson, Caleb C	FR	Riverside Rams-VA	5:36.97
9 Randall, Andrew R	JR	BWHS-PV	5:37.27
10 Baker, Chase	SO	Woodgrove-VA	5:38.34
11 Davies, Hayden	FR	Woodgrove-VA	5:49.71
12 Marquardt, Xander S	SO	Stone Bridge	6:10.94
13 Bober, Onni	FR	Woodgrove-VA	6:24.69
14 Phillips, Sheldon M	JR	Stone Bridge	6:46.38
15 Brown, Andrew B	JR	Stone Bridge	6:49.39
16 Elieson, Seth	FR	PFHS	7:14.42
17 Gordillo, Giovanni	SO	PFHS	8:12.89
18 Aslam, Camren	SR	PFHS	NT

Event 16 Girls 500 Yard Freestyle

Name	Yr	School	Seed Time
1 Menz, Maddie	FR	Indy-VA	5:44.03
2 Lyons, McKenna	FR	PFHS	5:44.15
3 Elias, Isabel L	JR	Riverside Rams-VA	5:45.57
4 Riegel, Allie P	SR	BWHS-PV	5:49.74
5 Heath, Samantha A	SO	BWHS-PV	5:56.83
6 Smith, Kailey	JR	Indy-VA	5:59.88
7 Ogango, Layla M	JR	Riverside Rams-VA	6:02.40
8 Heisler, Alexandra	FR	Indy-VA	6:07.00
9 Bryant, Sadie C	JR	Riverside Rams-VA	6:07.03
10 Swanson, Camilla	SO	Woodgrove-VA	6:16.75
11 McCurry, Eva	FR	PFHS	6:19.87
12 Alvis, Rachel R	SO	Stone Bridge	6:22.10
13 Chatradi, Siri	SO	BWHS-PV	6:22.63
14 Honcharik, Katrina	JR	Woodgrove-VA	6:24.72
15 Hedden, Ava	FR	Woodgrove-VA	6:55.13
16 Lai-Harris, Koryn F	SR	PFHS	6:56.25
17 Burnes, Marah H	SO	Stone Bridge	7:03.53
18 Olorunda, Deborah F	SO	Stone Bridge	7:36.64

Event 17 Boys 200 Yard Freestyle Relay

Team	Relay	Seed Time
1 Indy-VA	A	1:30.41
2 Riverside Rams-VA	A	1:31.03
3 PFHS	A	1:34.68
4 Stone Bridge	A	1:35.31
5 BWHS-PV	A	1:35.46
6 Woodgrove-VA	A	1:43.61

Event 18 Girls 200 Yard Freestyle Relay

Team	Relay	Seed Time
1 Indy-VA	A	1:38.83
2 BWHS-PV	A	1:44.39
3 PFHS	A	1:44.80
4 Riverside Rams-VA	A	1:45.22
5 Stone Bridge	A	1:50.16
6 Woodgrove-VA	A	1:51.90

Event 19 Boys 100 Yard Backstroke

Name	Yr	School	Seed Time
1 Asar, Asim	SR	Indy-VA	51.85
2 Cather, Owen M	FR	BWHS-PV	53.99
3 Hain, Alex	SR	Woodgrove-VA	55.82
4 Bruley, Nathan A	SO	Stone Bridge	57.22
5 Weston, Wade	JR	Indy-VA	57.71
6 Rounds, Ryan M	JR	BWHS-PV	58.58
7 Seo, Aiden	FR	Indy-VA	1:00.47
8 Bryant, Thomas	FR	Riverside Rams-VA	1:00.66
9 Koester, Griffin	SO	Woodgrove-VA	1:00.96
10 Anderson, Jake	FR	PFHS	1:01.42
11 Anderson, Jimmy W	SR	PFHS	1:02.12
12 Yi, Isaac S	SO	BWHS-PV	1:02.13
13 El-Aassar, Ali A	SR	Riverside Rams-VA	1:02.14
14 Ahmed, Karim	SO	Riverside Rams-VA	1:02.56
15 Marquardt, Xander S	SO	Stone Bridge	1:05.32
16 Lehman, Harrison	JR	PFHS	1:05.90
17 Brege, Tyler	FR	Woodgrove-VA	1:19.66
18 Tui, Brian K	SO	Stone Bridge	1:22.43

Event 20 Girls 100 Yard Backstroke

Name	Yr	School	Seed Time
1 Boyle, Kylie	JR	Indy-VA	57.38
2 Grishaeva, Maria A	SO	BWHS-PV	59.45
3 Klotz, Anna C	FR	Stone Bridge	59.83
4 Gupton, Mackenzie L	JR	BWHS-PV	59.87
5 Rebich, Lizzie M	SO	Riverside Rams-VA	1:03.22
6 Santucci, Elle M	FR	Riverside Rams-VA	1:03.22
7 Peiken, Hailey	SR	Indy-VA	1:05.16
8 Vargas, Maddie A	SR	Riverside Rams-VA	1:08.21
9 Voss, Madigan	SR	Woodgrove-VA	1:08.48
10 Davenport, Sydney E	JR	BWHS-PV	1:08.70
11 Jackson, Gwyn	FR	PFHS	1:09.22
12 Miller, Olivia	SO	Indy-VA	1:10.41
13 Durham, Tess	SR	PFHS	1:12.44
14 McCarty, Helen	JR	PFHS	1:13.27
15 Ill, McKenna	JR	Woodgrove-VA	1:13.48
16 Meedel, Ella	FR	Woodgrove-VA	1:14.94
17 Cich, Kayden B	FR	Stone Bridge	1:32.29
18 Taeschner, Kayla J	FR	Stone Bridge	1:34.38

Event 21 Boys 100 Yard Breaststroke

Name	Yr	School	Seed Time
1 DeLuise, Bailey	SR	Indy-VA	58.78
2 Jastrzembski, Ryan	SO	Indy-VA	1:02.47
3 Char, Andrew T	SO	BWHS-PV	1:02.77
4 Collier, Andrew	JR	Indy-VA	1:03.25
5 Iglesias, Matthew	JR	Riverside Rams-VA	1:04.78
6 Medde-Witage, TD D	SO	BWHS-PV	1:06.82
7 Ferguson, Zach O	SR	Riverside Rams-VA	1:07.03
8 Hutchison, Mejd R	FR	Stone Bridge	1:08.18
9 Char, Benjamin	SR	BWHS-PV	1:08.56
10 Hendershot, Carter	SO	PFHS	1:08.69
11 Steinman, Charlie	SR	Riverside Rams-VA	1:09.82
12 Gill, Ethan M	JR	Stone Bridge	1:10.38
13 Mercker, Henry	JR	Woodgrove-VA	1:11.44

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Event 21 ... (Boys 100 Yard Breaststroke)

	Name	Yr	School	Seed Time
14	McCarney, Ethan	SO	PFHS	1:11.71
15	Ruiz, Adriano	SO	PFHS	1:12.08
16	Brown, Andrew B	JR	Stone Bridge	1:17.84
17	Hays, John	FR	Woodgrove-VA	1:19.70
18	Welsh, Jonah	JR	Woodgrove-VA	1:20.69

Event 22 Girls 100 Yard Breaststroke

	Name	Yr	School	Seed Time
1	Sessions, Kylee N	JR	Riverside Rams-VA	1:06.88
2	McMahan, Claire	FR	PFHS	1:08.03
3	Riggio, Sklyer M	SO	BWHS-PV	1:14.49
4	Chen, Sara	FR	Indy-VA	1:14.56
5	McMahan, Angelina	FR	PFHS	1:14.68
6	Moore, Melodie	JR	BWHS-PV	1:15.38
7	Rosales, Paige E	JR	BWHS-PV	1:15.67
8	Collier, Magdealena	JR	Indy-VA	1:16.19
9	Balwinski, Kate	SO	Riverside Rams-VA	1:17.60
10	Stalcup, Maria C	JR	Stone Bridge	1:18.09
11	O'Such, Claire E	SR	Riverside Rams-VA	1:18.57
12	McCurry, Eva	FR	PFHS	1:20.12
13	Turner, Jacklyn	SO	Indy-VA	1:21.54
14	Swanson, Camilla	SO	Woodgrove-VA	1:22.42
15	Hain, Alyssa	FR	Woodgrove-VA	1:24.97
16	Burnes, Marah H	SO	Stone Bridge	1:26.62
17	Collins, Megan	JR	Woodgrove-VA	1:26.75
18	Tuladhar, Niva	SO	Stone Bridge	1:27.97

Event 23 Boys 400 Yard Freestyle Relay

	Team	Relay	Seed Time
1	Indy-VA	A	3:17.28
2	Riverside Rams-VA	A	3:20.22
3	BWHS-PV	A	3:24.00
4	Stone Bridge	A	3:35.50
5	PFHS	A	3:37.96
6	Woodgrove-VA	A	3:50.77

Event 24 Girls 400 Yard Freestyle Relay

	Team	Relay	Seed Time
1	Indy-VA	A	3:37.87
2	BWHS-PV	A	3:49.88
3	Riverside Rams-VA	A	3:50.95
4	PFHS	A	3:54.47
5	Stone Bridge	A	4:02.64
6	Woodgrove-VA	A	4:10.46